

UPHILLBATTLE

PASSION VS. PASSIVITY

2025 UMCHP ANNUAL MEN'S RETREAT

WHEN: October 17-19. Friday dinner through Sunday lunch.

WHERE: Linwood Spiritual Center, 50 Linwood Rd, Rhinebeck, NY. Private rooms, dorm style bathrooms, buffet meals. Linwood is handicapped accessible & has elevator. Visit www.linwoodspiritual.com for directions.

NOTE: THE SOUTH END OF MILL ROAD BELOW LINWOOD IS CLOSED TO ALL TRAFFIC!! YOU MUST GO UP RTE 9 AND TURN LEFT ONTO MILL ROAD BY THE RHINEBECK CEMETERY.

COST: \$225.00 per person, due by September 1st. (This reduced rate is thanks to a portion of cost being underwritten by church budget). No one will be turned away for lack of funds – Contact Pastor J or Judy O'Neill for confidential financial assistance.

LEADER: Jay Cookingham is an author, speaker, pastor, and podcaster passionate about guiding men towards discovering their identity and purpose, especially in the face of life's challenges. As founder of Strategic Fathering Ministries, he focuses on fostering deeper connections between men and God. Jay was born and raised in Poughkeepsie and has served as pastor at Bridge Builders Community Church in Hyde Park since 2013. He is a frequent speaker at men's events nationwide. He draws from his own experience as a widower to offer support and guidance to men navigating grief and loss. Deeply committed to advocating for men's spiritual growth and restoration, Jay's books and podcast serve as potent tools for men striving to live out their God-given identities and purposes to the fullest.

THEME: *Uphill Battle – Fighting for What Matters Most.*

To fight an uphill battle, you must CLIMB! Challenge, Lead, Invest, Move, Battle!

This weekend equips men to rise out of spiritual passivity and face life's hardest hits with boldness and clarity. Drawing from 1 Samuel 14 and the uphill charge of Jonathan and his armor bearer, we challenge men to step back into their God-given mission with full hearts and fierce faith. Each session includes storytelling, scripture teaching, and breakouts that foster reflection, sharing, and spiritual commitment.

Complete and place bottom portion **IN RETREATS MAILBOX IN FELLOWSHIP HALL.**

With \$225.00 payment in full **before 9/1/25** (Checks only; hand-deliver cash to Judy or Pastor J)

DO NOT PUT IN OFFERING PLATE!!

I'd Like to Register for UMC of Hyde Park Annual Men's Retreat October 17-19, 2025:

NAME _____ EMAIL _____

ADDRESS _____

CELL PHONE # _____ HANDICAP NEEDS: _____

DIETARY RESTRICTIONS _____

MAKE CHECK PAYABLE TO UMCHP, MARK ON MEMO LINE "MEN'S RETREAT"

Date Received: _____ Amount Pd.: \$ _____ Check # _____ OR Cash _____