

# UPHILLBATTLE

PASSION VS. PASSIVITY

## 2025 UMCHP ANNUAL MEN'S RETREAT

**WHEN:** October 17-19. Friday dinner through Sunday lunch.

**WHERE:** Linwood Spiritual Center, 50 Linwood Rd, Rhinebeck, NY. Private rooms, dorm style bathrooms, buffet meals. Linwood is handicapped accessible & has elevator. Visit [www.linwoodspiritual.com](http://www.linwoodspiritual.com) for directions.

**NOTE: THE SOUTH END OF MILL ROAD BELOW LINWOOD IS CLOSED TO ALL TRAFFIC!! YOU MUST GO UP RTE 9 AND TURN LEFT ONTO MILL ROAD BY THE RHINEBECK CEMETERY.**

**COST:** \$225.00 per person, due by September 1st. (This reduced rate is thanks to a portion of cost being underwritten by church budget). No one will be turned away for lack of funds – Contact Pastor J or Judy O'Neill for confidential financial assistance.

**LEADER:** Jay Cookingham is an author, speaker, pastor, and podcaster passionate about guiding men towards discovering their identity and purpose, especially in the face of life's challenges. As founder of Strategic Fathering Ministries, he focuses on fostering deeper connections between men and God. Jay was born and raised in Poughkeepsie and has served as pastor at Bridge Builders Community Church in Hyde Park since 2013. He is a frequent speaker at men's events nationwide. He draws from his own experience as a widower to offer support and guidance to men navigating grief and loss. Deeply committed to advocating for men's spiritual growth and restoration, Jay's books and podcast serve as potent tools for men striving to live out their God-given identities and purposes to the fullest.

**THEME:** *Uphill Battle – Fighting for What Matters Most. To fight an uphill battle, you must CLIMB! Challenge, Lead, Invest, Move, Battle!*

This weekend equips men to rise out of spiritual passivity and face life's hardest hits with boldness and clarity. Drawing from 1 Samuel 14 and the uphill charge of Jonathan and his armor bearer, we challenge men to step back into their God-given mission with full hearts and fierce faith. Each session includes storytelling, scripture teaching, and breakouts that foster reflection, sharing, and spiritual commitment.

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**COMPLETE & MAIL TO JUDY O'NEILL, 270 PINEBROOK DR, HYDE PARK, NY 12538**

**With \$225.00 payment in full before 9/1/25**

Or place **IN RETREATS MAILBOX IN FELLOWSHIP HALL.**

**DO NOT PUT IN OFFERING PLATE!!**

**I'd Like to Register for UMC of Hyde Park Annual Men's Retreat October 17-19, 2025:**

NAME \_\_\_\_\_ EMAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CELL PHONE # \_\_\_\_\_ HANDICAP NEEDS: \_\_\_\_\_

DIETARY RESTRICTIONS \_\_\_\_\_

**MAKE CHECK PAYABLE TO UMCHP, MARK ON MEMO LINE "MEN'S RETREAT"**

Date Received: \_\_\_\_\_ Amount Pd.: \$ \_\_\_\_\_ Check # \_\_\_\_\_ OR Cash \_\_\_\_\_